



**Drug and alcohol use carry many risks besides from those to physical and mental health. It can impact upon a young person's education.**

**A young person's ability to learn and retain information can be affected, as can moods, behaviour and attendance.**

**The Youth Drug and Alcohol Project (YDAP) is here to help.**

YDAP works with young people under the age of 18 who are using drugs and/or alcohol.

YDAP offers one-to-one, confidential and non-judgemental support to young people. Referrals can be made by parents/carers, professionals and young people themselves. All we ask is that the young person consents to be referred.

---

Details of how to refer can be found on <https://www.togetherforchildren.org.uk/children-and-young-people/drug-and-alcohol-support>

If you have any concerns about your child and would like to speak directly to YDAP in confidence you can either call on 0191 561 4000 (please note, you may need to leave a message) or e-mail your contact details to [YDAP.Project@togetherforchildren.org.uk](mailto:YDAP.Project@togetherforchildren.org.uk) and we will arrange to call you back.