

Sources of support

Safeguarding/Child Protection

If you are worried about any children and feel that they are at risk of significant harm then please contact the following services.

Police – 999 if you feel the child is at immediate risk of significant harm.

Police – 101 if you feel the child is at risk of harm but it is not imminent or immediate.

Castle View Enterprise Academy Safeguarding Team

If you would like to report any concerns or ask for advice about the safety or well-being of a student then please feel free to contact the safeguarding team at CVEA.

Telephone number: 0191 5946330 followed by the extension number available between the hours of 8.30am – 3.30pm

Email: - beingsafe@cvea.co.uk

Miss G Woollett ASVP (DSL):- extension 40270
Safeguarding Mobile 07718650043

Mrs J Coxon – KS4 Pastoral Manager (DDSL) extn: 40241

Mr S Read – Head of Year 11 (DDSL) extn: 40224

Mrs A Turner - Head of Year 10 (DDSL) extn: 40255

Miss E Sell- KS3 Pastoral Manager (DDSL) extn: 40254

Mr D Peel - Head of Year 9 (DDSL) extn: 40268

Mr J Wilson- Head of Year 8 (DDSL) extn: 40238

Mr C Rainbow - Head of Year 7 (DDSL) extn: 40230

Further contact details are on the Academy Website.

Together for Children

Website: - togetherforchildren.org.uk/children-and-young-people

Phone: Children's Safeguarding: 0191 520 5560/0191 561 7007

(8.30am to 5.15pm Monday to Thursday, and 8.30am to 4.45pm Friday)

The Out of Hours Team are contactable on 0191 520 5552 (available Monday-Thursday 5.15-8.30am and from Friday 4.45pm - until Monday 8.30am)

Early Help

Together for Children's Early Help service works closely with schools, health visitors and families in Sunderland to provide the right level of support at the right time for families. They support families

with any concerns about their children, the family or home circumstances. It could be around behaviour, problems at school, housing, debt, routines and boundaries or other difficulties. Early Help support means families can manage their own lives and find solutions to their problems. Getting help early helps prevent little concerns from becoming big concerns.

Telephone: 0191 561 4084

Send message via email: <https://www.togetherforchildren.org.uk/contact>

Young Carers and Carers



Sunderland Carers Centre provide support for people who look after others. They support people who care for their husband, wife, mam, dad, son, daughter, sibling, friend or other relative. They offer information, advice and guidance to carers in and around Sunderland – and it's all confidential, non-judgmental and impartial.

The Carers Centre is a “centrepoin” for carers in the city, assisting directly when and where we can and linking people with other organisations when more appropriate, to ensure every user gets the support they require.

Email: - contactus@sunderlandcarers.co.uk

Telephone: - 0191 549 3768

Miss Woollett is also available for advice and support at the Castle View Enterprise Academy.

Mental Health and Emotional Well-Being Support



Childline

Childline is a free, private and confidential service that can be accessed online and on the telephone. They can provide help and support for young people up to the age of 19 years old.

Website: - childline.org.uk

1-2-1 counsellor chat via website.

Read and post messages on the message boards.

Send a message once you have registered on the website.

Telephone number: - 08001111 (between 7.30am and 3.30am every day)

	@ChildlineU
	childline_official

	Childline
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The Samaritans

The Samaritans provide confidential emotional support at any time.

Website: - Samaritans.org

Phone number 116 123 (call anytime, free from any phone)

Email jo@samaritans.org

	@samaritans
	samaritanscharity
	Samaritans
	selfhelp.samaritans.org



Young Minds

Helping you people with any mental health and emotional well-being issues.

Supporting parents with concerns for their children.

Website: - youngminds.org.uk

Text: - YM to 85258

Parents Helpline: 0808 8025544

	@YoungMindsUK
	youngmindsuk
	YoungMinds



Shout

Shout is a 24/7 text service that is free on all major mobile networks for anyone in crisis, anytime, anywhere. It is a place to go if you are struggling to cope and you need immediate help.

Website: - giveusashout.org

Text 85258

	@WashingtonMind
	giveusashoutinsta



Kooth

Effective, confidential and personalised online mental health care for young people between the ages of 10 and 25 years.

Website:- kooth.com (Mon-Fri 12pm-10pm, Sat and Sun 6pm-10pm)

	@kooth_plc
	kooth_uk
	Kooth



Papyrus

Offers confidential advice and support for young people struggling with suicidal thoughts.

Phone: 0800 068 4141

Text: 07860039967

Email: pat@papyrus-uk.org

Opening times: 9am – 10pm, Monday - Friday; 2pm – 10pm, weekends; 2pm – 10pm, bank holidays

	@PAPYRUS_tweets
	papyrus_uk
	PAPYRUS Prevention of Young Suicide



MIND

Washington Mind provides quality mental health services in a non stigmatizing environment for those aged 11 years old and above who are experiencing, or who are at risk of, developing mental ill health and emotional distress.

Website: - www.washingtonmind.org.uk

Email: - info@washingtonmind.org.uk

Telephone number:-[01914178043](tel:01914178043)

Text: - [07507330995](tel:07507330995)

	@WashingtonMind
	washington_mind
	Washington Mind
	Reasons2

CCAMHS (Community Child and Adolescent Mental Health Service)

The Community Child and Adolescent Mental Health Service (CCAMHS) is a team of professionals who offer support and advice to aid mental health promotion and positive well-being. Our service works with children and young people aged 0-18 who may be showing signs of behavioural difficulties and/or emotional distress.

Website: sunderlandcommunitycamhs.nhs.uk

Telephone: - 0191 283 1294 (Monday – Friday 9.00am – 5.00pm)

CYPS (Children and Young Peoples Services)

The Children and Young People's Service provides a single service to all children and young people aged 0-18 years living in South Tyneside and Sunderland who present with mental health difficulties. This includes children and young people who may have learning difficulties and those living in a range of difficult and challenging circumstances

Website: - cntw.nhs.uk/services/children-young-peoples-service-south-tyneside-sunderland

Telephone:-0191 566 5500 (Monday-Friday 8.00am to 8.00pm)

Out of hours crisis response: 03031231145 (24/7)

Practical Support

Sanitary Products Free sanitary products are also available from the Academy for any of our students that require these. Please contact any of the safeguarding team using the details given.

Foodbanks

Sunderland foodbank provides emergency food for local people in crisis. They work with a network of 11 foodbanks across Sunderland.

Website: - www.sunderland.foodbank.org.uk

Email: - office@sunderlandfoodbank.org.uk

Telephone:-0191 543 7191

The Sunderland foodbank uses the voucher referral system. Please see website for further information.

Redhouse - Riverlife Church

OPENING TIMES	ADDRESS
Mon Closed	Redcar Road
Tue Closed	Redhouse
Wed 10:00 - 12:00	Sunderland
Thu Closed	Sr5 5PZ
Fri Closed	
Sat Closed	
Sun Closed	

Directions via Google Maps



	@sunderlandfb
	Sunderlandfoodbank
	Sunderland foodbank