

# THINK YOU ARE BEING GROOMED...TELL SOMEONE !

**ABUSE**

**CONTROL**

**RELATIONSHIP**

**CONTACT**

For more information and support please visit our Facebook Page - Bright Futures Young Women's Project or contact 0191 455 1196



## **CONTACT**

ACCEPTING A FRIEND REQUEST FROM  
SOMEONE NEW

SOMEONE NEW SPEAKING TO YOU ON  
SOCIAL MEDIA

BEING APPROACHED BY SOMEONE NEW OR  
A FRIEND OF A FRIEND WHEN YOU ARE OUT



## **RELATIONSHIP**

MAKING YOU FEEL SPECIAL

GAINING YOUR TRUST

GIVING YOU GIFTS OR ALCOHOL

BEING THERE FOR YOU

'NO-ONE UNDERSTANDS YOU LIKE I DO',  
BEING YOUR BEST FRIEND

## **ABUSE**

BEING DEPENDENT ON THEM

NOT SEEING YOUR FAMILY OR FRIENDS AS MUCH  
PHYSICAL VIOLENCE

HAVING SEX WITH OTHER PEOPLE

MADE TO SEND MORE IMAGES OR TO PERFORM  
SEXUAL ACTS VIA WEBCAM

FEELING PRESSURE, GUILT, SHAME AND FEAR



## **CONTROL**

MANIPULATION;

'YOU OWE ME'

'NOTHING COMES FOR FREE'

ASKING YOU TO SEND THEM IMAGES

THREATENING TO SHARE SECRETS



IF YOU WOULD LIKE FURTHER INFORMATION PLEASE CONTACT US THROUGH FACEBOOK

