



Covid-19 Premises Specific Risk Assessment – Pool, Lessons & Teaching



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Directorate:	Service area: Pool	Date of assessment: 14/09/2020	Date of previous assessment: 10/01/2020	Review date: 10/01/2021
Section:	Work activity: Lessons and Teachers	Persons involved in assessment: Gareth Barwell		Number of pages:
HAZARD AREA/ACTIVITY	PERSONS AT RISK	SIGNIFICANT RISKS TO HEALTH & SAFETY	CONTROLS	
<u>Lessons and Teachers</u>	Staff/teachers/public/ Students/	Drowning/personal injury	<ul style="list-style-type: none"> • Academy to provide access to all external companies of PSOP's and risk assessments upon request • PSOP to be reviewed to include Covid-19 protocols • Academy to supply fully qualified staff at all times – certificates must be available upon request. All Centre Staff have attended and passed a competency and training session to include Covid-19 operations on 20/09/2020 prior to opening swimming lessons or are not deemed competent/unqualified. Records kept on ongoing T&CA system • Academy NPLQ or NRASTC operatives must be in date and up to date with training • Teachers vigilant at all time • First aid and AED staff available at all times • Groups supervised at all times by Academy staff with behavioural assistance from hirers 	

		<p style="text-align: center;">Slips/trips/falls</p>	<ul style="list-style-type: none"> • Depth and deep water signs displayed in easily visible areas • Shutters and doors to be kept locked when pool not in use • Life saving equipment easily accessible • Equipment checked daily • Any faults reported to Facilities and Centre Manager and taken out of use immediately until repaired/replaced • Lesson sizes are controlled so overcrowding shouldn't occur. • Correct use of Academy PSOPs • Minimum of 2 NRASTC trained staff at all times on pool to ensure constant vigilance and monitoring of pool users • Anti-slip tiles used on poolside • 'No Running' signs displayed • Staff to prevent and educate on the dangers of running • First aid and AED staff available at all times • Panic alarm available These are tested daily prior to entry into pool by centre staff • Panic Alarms tested annually by ADT • Ladders fitted securely to the wall • Pre use checks before entry recorded in building opening/closure checklist • Staff to remind swimmers to enter the water facing the ladders • Suitable tread on ladder rung
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<p style="text-align: center;"><u>Covid-19</u> <u>School swimming and</u> <u>primaries</u></p>	<p style="text-align: center;">Staff/teachers/public/ Students/</p>	<p>Water Quality burns irritation</p> <p>Contraction or passing on of COVID-19</p>	<ul style="list-style-type: none"> • Training recorded in ongoing T&CA system • Up to date Pool Plant Operator Qualification held by at least two staff • Water tested to Pool Water Treatment Advisory Group Standard (PWTAG (0.5-5mg/l free chlorine and 7.2-7.8 PH) before commencement of lesson • Pool to be closed if visibility reduced • Constant monitoring and sampling of pool to current industry standards. • Testing records held in plant room file and legionella book in Facilities office • Lifeguard visibility test carried out 6 monthly to ensure teaching staff have awareness of blind spots in pool <p>Prior to attending the pool</p> <ul style="list-style-type: none"> • Hirer to ensure no one attending pool have any of the COVID-19 Symptoms • Hirer to ensure register and contact details of all attending to be kept for at least 30 days <p>Entry:</p> <ul style="list-style-type: none"> • Swimming Instructor to meet at Sports Centre Doors • On entry, hand sanitiser used by each student and member of staff
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			<ul style="list-style-type: none"> • One member of staff to be escorted to main reception to sign in informing them of how many staff and pupils • School to make their way into the swimming changing rooms. • Pupils to leave all belongings in the changing rooms • No Showers will be made available however students are encouraged to use toilets before entering the pool <p>During Lesson</p> <ul style="list-style-type: none"> • Swimming teachers need to social distance from pupils, staff and each other • Where possible the same staffing team will deliver the lessons • All swimming teachers will teach from poolside, they will teach from alternative sides of the pool and remain in the same teaching position throughout. • Pupils must make sure if wearing hats, goggles, earplugs extra these must be donned prior to entering poolside (Swimming Instructors unable to help with this) If absolutely necessary teachers/assistants may be able to assist but only using gloves and face mask/shield and sanitising afterwards. • If pupils need the use of armbands they will be provided and they must put these on themselves or from the help of others in their bubble (These
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			<p>will be cleaned By staff/cleaners after each person has used them)</p> <ul style="list-style-type: none"> • COSHH Training is included in Lifeguard and NRASTC and covered and recorded in ongoing T&CA training programme • Handing out personal equipment is prohibited, i.e. Goggles, hats etc. and must not be shared with each other • Pupils will be split up into smaller groups, this will be either deep end or shallow end • Pupils will remain in their groups throughout the lesson • If pupils are allocated equipment they must keep it throughout the lesson • Each piece of equipment will be numbered <p>Exit</p> <ul style="list-style-type: none"> • Once lessons are finished pupils will make their way back to the changing rooms as directed by the Instructor • Primary teacher/support to supervise changing area • NO SHOWERS after the session, pupils must then get ready to return to school • Shutters will be pulled down and the Instructor will open the doors. • Pupils to remain in the changing rooms until everybody is ready to leave • Pupils and staff will leave the way they entered. Inform reception and hand sanitise on exit
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			<p>Cleaning (see appendix a)</p> <ul style="list-style-type: none"> • Hand cleaning stations provided on poolside and on all entries to building • Orbio MultiMicro 200 Spray will be provided to disinfect equipment at the end of the pool timetable Pool water will be used to rinse equipment between each session • While using Chemicals Safety goggles and Chemical resistant gloves to be worn • While pupils are in the changing rooms: steps, teaching poles, teaching area and poolside surface where pupils have been will be cleaned down • Once pupils have left the changing rooms these and the toilets will be cleaned. This will be done by swim teachers and coaches • One changing room to be cleaned by each swimming teacher. (Time has been allocated in the time table for this to be done) <p>Staff Safety</p> <ul style="list-style-type: none"> • Staff presenting symptoms of COVID-19 must not attend the academy and must isolate until tested • Staff to keep socially distanced where possible if this is not possible PPE must be worn • All appropriate PPE will be provided and stored in the pool office, this will include Visors, masks, gloves, aprons
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<p style="text-align: center;"><u>Covid-19</u> <u>External hirers of the</u> <u>pool</u></p>	<p style="text-align: center;">Staff/public/ Hirers staff</p>	<p style="text-align: center;">Contraction or passing on of COVID-19</p>	<ul style="list-style-type: none"> • Any first aid to be carried out staff MUST wear visor apron and gloves or instruct injured party while socially distanced <p style="text-align: center;">Prior to attending the pool</p> <ul style="list-style-type: none"> • Hirer to ensure no one attending pool have any of the COVID-19 Symptoms • Hirer to ensure register and contact details of all attending to be kept for at least 30 days • Hirer to have risk assessment and operational plan to ensure social distancing and safe working practices and made available at request of academy • All Hirers are to agree to minimum of 5mins at end /beginning for cleaning to take place by Centre Staff. <p style="text-align: center;">Entry:</p> <ul style="list-style-type: none"> • Swimming Instructor to meet at pre agreed place • Parents and guardian to wear face masks when entering the Sports Centre • No Parents or guardians to wait inside building they must wait in cars or outside • On entry, hand sanitiser used by all • users to leave all belongings in the changing rooms
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			<ul style="list-style-type: none"> • No Showers will be made available however users are encouraged to use toilets before entering the pool <p style="text-align: center;">During Lesson</p> <ul style="list-style-type: none"> • Swimming teachers need to social distance from pupils, staff and each other • Where possible the same staffing team will deliver the lessons • Any in water teaching to be carried out using Appropriate PPE (Visor Gloves) • Users must make sure if wearing hats, goggles, earplugs extra these must be donned prior to entering poolside (Swimming Instructors unable to help with this) • If pupils need the use of armbands they will be provided and they must put these on themselves or from the help of others in their bubble (These will be cleaned after each person has used them) • Handing out personal equipment is prohibited, i.e. Goggles, hats etc. and must not be shared with each other • Pupils will remain in their groups throughout the lesson • If pupils are allocated equipment they must keep it throughout the lesson • Each piece of Academy equipment will be numbered
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			<p>Exit</p> <ul style="list-style-type: none"> • Hirers to have own exit plan ensuring social distancing guidance is met • NO SHOWERS after the session <p>Cleaning (see appendix a)</p> <ul style="list-style-type: none"> • Hand cleaning stations provided on poolside and on all entries to building • Orbio MultiMicro 200 Spray will be provided to disinfect equipment at the end of the pool timetable Pool water will be used to rinse equipment between each session • While using Chemicals Safety goggles and Chemical resistant gloves to be worn • While pupils are in the changing rooms: steps, teaching poles, teaching area and poolside surface where pupils have been will be cleaned down • Once pupils have left the changing rooms these and the toilets will be cleaned. <p>Staff Safety</p> <ul style="list-style-type: none"> • Staff presenting symptoms of COVID-19 must not attend the Sports Centre and must isolate until tested • Staff to keep socially distanced where possible if this is not possible PPE must be worn
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			<ul style="list-style-type: none">• All appropriate PPE will be provided and stored in the pool office, this will include Visors, masks, gloves, aprons• Any first aid to be carried out staff MUST wear visor apron and gloves or instruct injured party while socially distanced
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Appendix (a)

Cleaning protocols for pool and changing rooms during COVID-19 pandemic

During Academy time:

Responsible person/s: Swimming teachers and coaches

- Cleaning of changing rooms and all regularly touched hard surfaces to be sprayed with Orbio MultiMicro 200 and wiped thoroughly between every swimming group.
- Toilets and sinks to be sprayed with Orbio MultiMicro 200 and wiped thoroughly between every swimming group.
- Gloves and goggles to be worn when using chemicals
- Pool side to be swilled with pool water between every swimming group.
- Staff to be trained in COSHH regulations

During Community times:

Responsible person/s: CVCFC staff on duty/cleaning staff a.m.

- Cleaning of changing rooms and all regularly touched hard surfaces to be sprayed with Orbio MultiMicro 200 and wiped thoroughly between every swimming group.
- Toilets and sinks to be sprayed with Orbio MultiMicro 200 and wiped thoroughly between every swimming group.
- Pool side to be swilled with pool water between every swimming group.
- Poolside and changing rooms to be scrubbed and squeegeed thoroughly with Orbio Multimicro 200 at the end of the day.
- Gloves and goggles to be worn when using chemicals
- Toilets and sinks to be thoroughly cleaned using Orbio MultiMicro 200 at the end of the day.
- Changing room floors to be scrubbed using Tennant T3E scrubbing machine the following morning by Facilities cleaning staff or CVCFC staff on weekends.
- Staff to be trained in COSHH regulations

Appendix (b)

Evacuation protocols during COVID-19 pandemic

During Academy time:

Responsible person/s: Swimming teachers and coaches/cleaners/facilities

- Staff to wear PPE and socially distance as far as is safe to do so
- If safe to do so students to socially distance also
- All areas to be cleaned after emergency/drill is over
- Any equipment used to be given to cleaners
- All foil blankets to be disposed of in external skips by Staff wearing gloves and face mask/shield

During Community times:

Responsible person/s: Centre hirers CVCFC staff on duty/cleaning staff a.m.

- Staff to wear PPE and socially distance as far as is safe to do so
- If safe to do so students to socially distance also
- All areas to be cleaned after emergency/drill is over
- Any equipment used to be given to cleaners
- All foil blankets to be disposed of in external skips by Staff wearing gloves and face mask/shield
- Security personnel can fog areas if required