



# C-Card and Sexual Health Services

Summer holiday information

## **Register for C-Card or pick up your condoms at your local children's centre.**

All sessions run from 1pm until 3pm for 7 weeks from week beginning Monday 19th July

- Monday Thorney Close Action and Enterprise Centre, 120 Thorndale Road, Thorney Close, Sunderland SR3 4JQ
- Tuesday Bunny Hill Primary Care Centre, Hylton Lane, Sunderland, SR5 4BW
- Thursday Rainbow Family Centre, 34 Elliott Terrace, Washington, NE37 3AE
- Friday Barnwell Academy Trust, Monument Centre, Whitefield Estate, Penshaw, Houghton-le-Spring DH4 7RT

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## Register for your C-Card and pick up your condoms from your local pharmacy.

Pharmacy	Opening times	
<b>Boots</b> - Park Lane, 2-3 Park Lane, Sunderland SR1 3NX	Mon to Sat - 8am to 5.30pm	Sign up to C-Card and pick up your condoms here
<b>Boots</b> - Concord Arndale House, 12 Victoria Road, Washington NE37 2SW	Mon to Fri - 8.30am to 5.30pm, Sat - 8.30am to 5pm	Sign up to C-Card and pick up your condoms here
<b>Boots</b> - Springwell Road, Springwell, Sunderland SR3 4HG	Mon to Fri - 8.15am to 6.15pm	Pick up your condoms here
<b>Boots</b> - The Bridges	Mon, Tues, Wed, Fri, Sat - 8.30am to 5.30pm, Thursday - 8.30am to 7pm, Sunday - 11am to 5pm	Pick up your condoms here
<b>Million Pharmacy</b> - 187 Hylton Road, Sunderland SR4 7YE	Mon to Sat - 7am to 10pm, Sun - 8am to 6pm	Pick up your condoms here
<b>Red House Pharmacy</b> - 127 Renfrew Road, Sunderland SR5 5PS	Mon to Fri - 9am to 6pm	Sign up to C-Card and pick up your condoms here
<b>Whitfields Pharmacy</b> - 1A Church Street, Houghton-le-Spring DH4 4DN	Mon to Fri - 9am to 6pm	Pick up your condoms here

## If you are over 16 you can register for C-Card over the phone.

We can even post your condoms to your home (they arrive in a plain envelope). You can also order postal STI testing kits. Visit our website for more details [www.sunderlandsexualhealth.nhs.uk](http://www.sunderlandsexualhealth.nhs.uk)

## Call us to arrange appointment on 0191 569 6699

Appointments available at:

<b>Monday</b>	Health Centre, Victoria Road, Concord, Washington NE37 2PU	1pm until 7pm
<b>Tuesday</b>	Houghton-le-Spring, Brinkburn Crescent, Durham, Houghton-le-Spring DH4 5GU	1pm until 5pm
<b>Thursday</b>	Washington Primary Care Centre, Parkway, Washington NE38 7QZ	1pm until 5pm
<b>Monday to Friday</b>	Chester Lodge, Sunderland Royal Hospital (Chester Road entrance) Kayll Road SR4 7TP	9am until 5pm

## New C-Card App!

Did you know that there's now a C-Card app?  
Just search Sunderland C-Card.

See [www.ccardsunderland.co.uk](http://www.ccardsunderland.co.uk) for information about how to get confidential sexual health advice and free condoms through C-Card Sunderland