



# MENU



Castle View  
Enterprise  
Academy

WEEK 3





## MONDAY

### MAIN MEAL 1

*Hunters Chicken*

### MAIN MEAL 2

*Chicken Hot Pot*

### VEGETARIAN

*Margherita Pizza*

### LIGHT BITES—HOT

*Selection of Wraps, Sandwiches and Jacket Potatoes*

### LIGHT BITES—COLD

*Selection of Sandwiches, Baguettes, Rolls, Wraps, Pasta and Salad Pots*

### CARBOHYDRATE

*Homemade Oven Baked Wedges  
Wholegrain Pasta*

### VEGETABLES


*Sweetcorn and Broccoli*

### DESSERT

*Rice Pudding with Peaches  
Selection of Cold Desserts  
Fresh Fruit Plate*

### DRINKS

*Selection of Fruit Juice, Milk, Flavoured Milk and Water available from  
our Fountains*





## **TUESDAY**

### **MAIN MEAL 1**

*Beef Balti*

### **MAIN MEAL 2**

*Mince and Vegetable Pie*

### **VEGETARIAN**

*Tomato Omelette*

### **LIGHT BITES—HOT**

*Selection of Wraps, Sandwiches and Jacket Potatoes*

### **LIGHT BITES—COLD**

*Selection of Sandwiches, Baguettes, Rolls, Wraps, Pasta and Salad Pots*

### **CARBOHYDRATE**

*Chips*

*Pilau Rice*

### **VEGETABLES**

*Cauliflower and Garden Peas*

### **DESSERT**


*Apple Pie with Custard*

*Selection of Cold Desserts*

*Fresh Fruit Plate*

### **DRINKS**

*Selection of Fruit Juice, Milk, Flavoured Milk and Water available from our Fountains*





## **WEDNESDAY**

### **MAIN MEAL 1**

*Pork Stir-fry*

### **MAIN MEAL 2**

*Roast Turkey/Chicken*

### **VEGETARIAN**

*Salmon and Broccoli Bake*

### **LIGHT BITES—HOT**

*Selection of Wraps, Sandwiches and Jacket Potatoes*

### **LIGHT BITES—COLD**

*Selection of Sandwiches, Baguettes, Rolls, Wraps, Pasta and Salad Pots*

### **CARBOHYDRATE**

*Creamed Potato  
Noodles*

### **VEGETABLES**


*Broccoli and Carrots*

### **DESSERT**

*Rhubarb Crumble with Custard  
Selection of Cold Desserts  
Fresh Fruit Plate*

### **DRINKS**

*Selection of Fruit Juice, Milk, Flavoured Milk and Water available from  
our Fountains*





## THURSDAY

### MAIN MEAL 1

*Pork Meatballs with Garlic Bread*

### MAIN MEAL 2

*Chicken and Dumpling*

### VEGETARIAN

*Cauliflower Pasta Bake*

### LIGHT BITES—HOT

*Selection of Wraps, Sandwiches and Jacket Potatoes*

### LIGHT BITES—COLD

*Selection of Sandwiches, Baguettes, Rolls, Wraps, Pasta and Salad Pots*

### CARBOHYDRATE

*Potato Waffles  
Wholegrain Pasta*

### VEGETABLES


*Sweetcorn and Savoy Cabbage*

### DESSERT

*Peach and Mandarin Flapjack Crumble with Custard  
Selection of Cold Desserts  
Fresh Fruit Plate*

### DRINKS

*Selection of Fruit Juice, Milk, Flavoured Milk and Water available from  
our Fountains*





## FRIDAY

### MAIN MEAL 1

*Chicken Rice*

### MAIN MEAL 2

*Over Baked Battered Fish*

### VEGETARIAN

*Tomato and Basil Pasta*

### LIGHT BITES—HOT

*Selection of Wraps, Sandwiches and Jacket Potatoes*

### LIGHT BITES—COLD

*Selection of Sandwiches, Baguettes, Rolls, Wraps, Pasta and Salad Pots*

### CARBOHYDRATE

*Chips*

### VEGETABLES

*Mushy Peas and Baked Beans*

### DESSERT


*Banana and Coconut Sponge with Custard*

*Selection of Cold Desserts*

*Fresh Fruit Plate*

### DRINKS

*Selection of Fruit Juice, Milk, Flavoured Milk and Water available from  
our Fountains*





## Week Three Dates

Please find below dates for the Week Three Menu;

18th—22nd September 2017  
9th—13th October 2017  
6th—10th November 2017  
27th November—1st December 2017  
18th—22nd December 2017  
22nd—26th January 2018  
19th—23rd February 2018  
12th—16th March 2018  
16th—20th April 2018  
7th—11th May 2018  
4th—8th June 2018  
25th—29th June 2018  
16th—20th July 2018

## Meal Deals

Please find below Meal Deal options and prices;

Meal Deal 1 (2 Course Meal)—£2.10  
Hot Lunch and Desert or Hot Lunch and a Drink

Meal Deal 2 (3 Course Meal)—£2.60  
Hot Lunch, Desert and a Drink

Sandwich Meal Deal— £2.10  
Sandwich, Fruit, Tray Bake and a Drink

Jacket Potato Meal Deal 1—£2.60  
Jacket Potato or Salad, Desert and a Drink

Jacket Potato Meal Deal 2— £2.10  
Jacket Potato and Desert or Drink

