

	Term 1	Term 2	Term 3	
Year 7	Lifeskills Dreams and Aspirations (10 lessons)	Lifeskills MoneySmart (6 lessons)	Tutorial Programme The World of Work (6 sessions)	
	Employability Skills (Army)			
	COSC Assembly	COSC Discovery Day		
Year 8	Energy Quest (BP)	Tutorial Programme Your Chance for Success (10 sessions)	Lifeskills Business in the Classroom (8 lessons)	
		COSC STEM Day	DestinationUni (University of Sunderland) (June)	
	COSC Assembly	STEM Inspiration Day		
Year 9	COSC Assembly	Tutorial Programme What Can't You Do in the North East? (6 sessions)	Tutorial Programme Your Route to Success (6 sessions)	
	NECOP Future Me			
		COSC STEM Day		
Year 10	Tutorial Programme Building My Skills (BMS) (minimum of 15 sessions plus 5 x 45 minute assemblies delivered by local employers)			
	NECOP Future Me			
	COSC Assembly	Tutorial Programme Preparation for Work Experience (6 sessions)	Work Experience (June)	
	NE Skills	Apprenticeship Careers Fair	COSC Taster Day (June)	
			Work Discovery	
			DestinationUni (University of Sunderland) (June)	
Year 11	Tutorial Programme Pathway to Success			
	Pathways to Success (Collapsed Timetable Day)	National Citizenship Service		
	COSC Assembly including alumni	Apprenticeship Careers Fair		
	NECOP Future Me			
	Careers Guidance Sessions (1:1)			
All years	Careers Talks (every Wednesday). For information on speakers please see our IAG calendar.			
	Careers Assemblies			
	Work Discovery Sector Days			
	COSC Taster Days			
	Careers in the Curriculum			
		DWP Assembly (LMI)		
	Careers Fair	National Careers Week		

More detailed information can be found in the Academy Careers Plan (2018-2019).